

Together @ Home

Lectionary Edition

March 6, 2022

The First Sunday of Lent

Here are some activities you could do together as a family. Begin with the story and then do as many or as few as you like, in any order.



Bible Passage

Today we will be exploring together the story of the beginning of Jesus preparing for his ministry.

You can find it in your Bible in:

Luke 4:1-13

Read the passage together – choose a Bible translation or children’s story version which best suits your family.

The other passages we might be thinking about at church this week are:

Psalm 91

A prayer to say together

Dear God,

Thank you for the story of Jesus’ time in the wilderness. Thank you for this reminder that Jesus was fully God and fully human, that he faced challenges and choices just like we do.

Help us to make wise choices this week and to live in obedience to you. As we enter Lent help us to find new ways to draw closer to you, to serve and love others and to live for you.

Amen

Discussion

A question for children to ask adults:

What is temptation? (What does it mean to be tempted by something?)

Temptation is the desire to do something--generally, something we shouldn't do. Temptation all by itself isn't sinful. It's what we do when we're tempted that matters.

A question for adults to ask children:

What are some things that are tempting to you?

A question for children to ask adults

Why do you think Jesus went into the desert for forty days?

Jesus took time to prepare himself for his ministry, he knew that it would not be easy and that one day he would die on the cross. God’s plan involved Jesus living as a human and choosing to be obedient and not sin. Jesus’ forty days in the desert remind us of the forty years the Israelites spent in the wilderness when they disobeyed God, and his temptation reminds us of the temptation of Adam and Eve in the garden of Eden. Jesus faced temptation and challenge, but he was obedient and faithful to God--He never sinned.

A question to answer together

How can we serve God during Lent? What can we do to focus our hearts on God during this time?

Family Activity 1

What is the hardest thing to say no to? What is the hardest thing to say yes to? Jesus said yes to God’s plan, he was baptized and lived his life for God knowing that one day he would die on the cross. Jesus was tempted in the desert but he said no and made good choices.

Play the **yes and no** game. Have a conversation without saying the words yes or no. The last person to say yes or no is the winner. It’s trickier than it sounds!





A verse to remember

Psalm 91:9

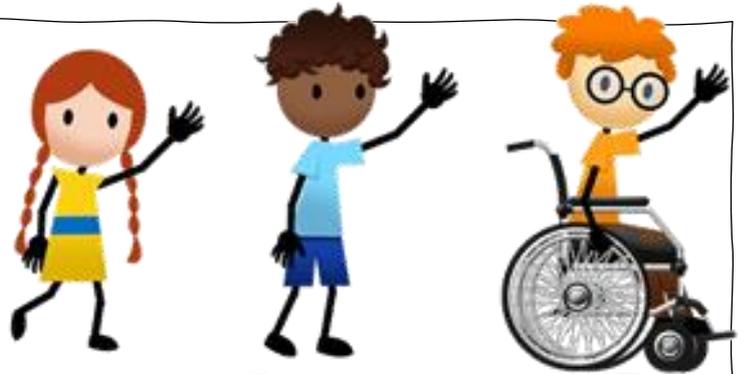
**The Lord is your protection; you have made
God Most High your place of safety.**

To learn this verse, you could come up with some actions to help you remember it or decorate a copy and put it up somewhere you can see it during the week.

Family Activity 2

Play a game of follow the leader

Jesus lived his life to be an example for us to follow. Can you be a good leader and example for others? Take turns being the leader, everybody else must follow you and do exactly what you do!



Active Prayer

Even though we know that our mistakes are forgiven through Jesus it is still good to repent and say sorry to God for our mistakes. It is good to recognize areas in our own hearts and lives where we might need to make changes.

Spend some time listening to God and thinking about your own life. Write or draw on paper any behaviors or thoughts you know are not pleasing to God.

Take a bowl of water and place the paper into it. Scrunch, tear and soak the paper in the water till it is completely destroyed.

No mistake we make is too big for God to forgive and with God's help we can change our hearts and lives, choosing to follow Him.

After the activity use a sieve to remove any remaining paper from the bowl and dispose of it. Don't pour it away down the sink as you may block your drain!



Family Activity 3

As we learned in our Bible story, Jesus spent 40 days in the wilderness alone without any food. Can you imagine how hungry you might be if that happened to you? It must have been hard to resist the temptation to turn stones into bread, but Jesus did!

How Long Can You?

In this activity each person will compete to see how long he/she can do a difficult thing.

Here are some examples of things to do:

- Stand on one leg
- Balance a book on top of your head
- Stay silent
- Not watch TV or play video games

What other hard activities can you come up with?

Lent Connections Challenge

Why not make time to connect with God in new ways during this Lent. Here are some ideas inspired by today's story.

Water Challenge

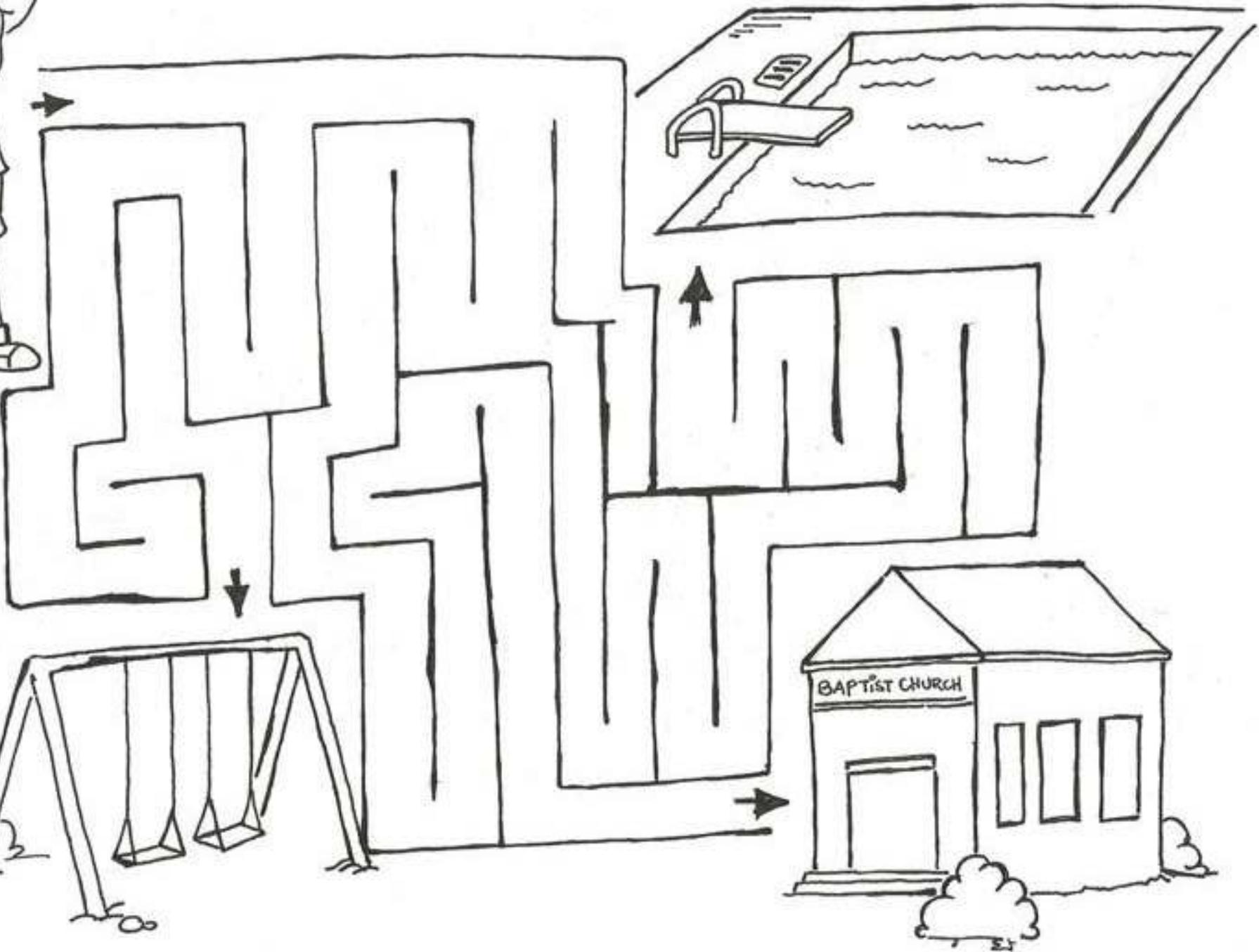
Use water as a point of connection with God, take a moment to pray every time you wash your hands.

Desert Challenge

Make space for some quiet time with God, each finding a space to sit, still your heart before God and listen to his voice.



Help the boy get to church while avoiding the other tempting activities



Word Search

The Temptation of Christ

When the devil had finished all this tempting, he left him until an opportune time. Luke 4:13 (NIV)

Based on Luke 4:1-13



U F O R T Y A W O R S H I P N
I G S L W X D T E M P T E D L
L O U W E N R B F M T W O S A
Y Z O V A E D I E I F Y Y N P
J S I M S A U L R E N A N W E
P L M E E D A I Y A D A Q Y P
A O D R E S P T D M T L Y Y F
C N B I U S I R O S E I K F N
D D G R L R O Z S A M I I Y Z
S W E E O J O N E Q P H N G V
K J V H L D E V I L L U G J Q
S U T H A S M G N D E N D H M
S U U R O M W O R L D G O U W
A X T H S L Q Z O J P R M O P
W O S G S R Y N P W A Y S K M

DESERT	ANGELS	WORSHIP	HUNGRY	KINGDOMS
TEMPTED	DEVIL	JORDAN	AUTHORITY	BREAD
SPIRIT	JERUSALEM	COMMAND	FORTY	STONE
LIVE	DAYS	WORLD	TEMPLE	HOLY