



Here are some activities you could do together as a family. Begin with the story and then do as many or as few as you like, in any order.

## Bible Passage

Today we will be exploring together a story about the prophet Elijah

You can find it in your Bible in:

#### I Kings 17:1-16

Read the story together – choose a Bible translation or children's story version which best suits your family.



## A prayer to say together

Dear God,

Thank You for being a God we can trust in every situation. Thank You for every thing that You have given us, and for showing us that You will take care of us.

Help us to honor You by putting our trust in You even when things seem hard, and help us to remember that when we trust You with what we have, we will always have more than enough to share with others.

In Jesus name,

Amen

### Discussion

#### Questions for adults to ask children

Why was there no food in Israel?

How did Elijah get food and drink when he was in the Kerith Ravine?

Why did the widow not want to make food for Elijah?

How did God show that He cared for Elijah, the widow, and her son (what happened with the flour and oil)?

How does God take care of you?

#### Question for children to ask adults

Can you share a time when God took care of you and/or your family in a difficult situation?

## Family Activity 1

Refill the Bucket Challenge You will need:

- -two large plastic containers buckets
- -two smaller empty containers buckets,
- -two towels
- -two large sponges
- -water

Set out two towels. Place a large bucket partially filled with water and a smaller empty bucket on each towel. Divide into two teams. Give each team a sponge and have them dip it into their bucket of water and then squeeze the water out of the sponge into the smaller empty bucket. Repeat until the smaller bucket is filled. The first team to fill their empty bucket wins. Filling the bucket is hard work. God worked a miracle when He kept the widow's jar of oil full until it rained!





## A verse to remember

### Phillipians 4:19

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

To learn this verse together, come up with some actions to help you remember it or decorate it on a piece of paper and place it somewhere to remind you of it through the week.

## Family Activity 2

#### **Feed the Birds**

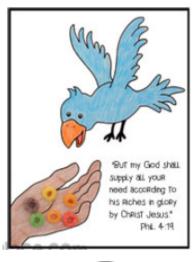
It's fun to feed birds in the park or ducks in the pond. You could even set up a small bird feeder in your garden using pinecones, peanut butter, and bird seed.

As you feed the birds, talk about how amazing it was that the birds brought food to Elijah. Reflect on how God provides for our needs.

## Family Activity 3

#### Ravens Feed Elijah

Color the picture on the last page and then either draw food in the raven's beak and Elijah's hand or glue cereal, popcorn, sunflower seeds, etc. onto Elijah's hand.



## **Active Prayer**

When I am afraid, I will trust in you.
Psalm 56:3

Pray this prayer together. At the end of each sentence, repeat the verse aloud together while doing the following motions

- -for "I" point towards yourself
- -for "afraid" make a startled face
- -for "trust" put both hands at chest level, right hand above left, then grab as though grabbing a rope
- -for "you" point up (as if to God/Heaven)

#### Prayer

God, we know that we honor you by trusting you. Sometimes we are frightened about things. Help us remember that....

When I am afraid, I will trust in you.

Sometimes I worry about things, but help me remember...

When I am afraid, I will trust in you.

Sometimes I'm nervous or upset, but help me remember that...

When I am afraid, I will trust in you.

Sometimes I am afraid to give myself to you, Lord, but help me remember that...

When I am afraid, I will trust in you.

Amen.

1. What brought Elijah food?







2. Where was Elijah when he was fed by the ravens?

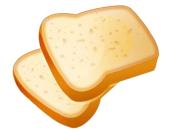






3. What did Elijah ask the widow to make for him?







4. Did the widow have enough flour and oil to make bread?







## Elijah Is Fed by Ravens

"Go to the east and hide by Kerith Brook, near where it enters the Jordan River. Drink from the brook and eat what the ravens bring you, for I have commanded them to bring you food." 1 Kings 17:3-4 (NLT)

At the bottom of the page is a list of words. These words are hidden in the puzzle. The words have been placed horizontally, vertically, or diagonally. When you find a word, draw a circle around it.

M	Ε	Α	Т	Q	Ο	J	D	R	K	J	Υ	K	Ο	L	В	L
V	Α	L	Z	D	Ε	Ε	U	N	Z	J	G	D	Υ	Ε	В	С
В	Т	U	J	Z	Q	R	I	Н	J	K	Ν	D	K	G	Υ	Q
R	Р	X	J	R	N	R	Α	В	L	U	В	0	S	I	W	J
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L	Н	F	J	M	I	0	Ν	Α	F	U	M	٧	Ε	D	W	D
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S	Υ	F	J	1	D	Α	F	Ε	F	Z	Т	Ν	Т	В	Р	L

EVENING	MEAT	ISRAEL	EAT	ELIJAH	MORNING
AHAB	RAIN	BROOK	RAVEN	BREAD	DRINK

## Help Elijah journey to Zarephath



# Elijah and the Widow - coloring page

