

January 31, 2021

Fourth Sunday of Epiphany

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.

Bible Passage

Today we will be exploring together a story about Jesus' power and authority.

You can find it in your Bible in:

Mark 1:21-28

Read the story together – choose a Bible translation or children's story version which best suits your family.



A prayer to say together

Dear God,

Thank you for this story which reminds us that you care for everybody. Help us to have faith and trust in your power. Even when we cannot see you at work or when we do not feel you near us, help us to remember that everything is under your control.

We pray for all those who have family members that are ill at this time, may you be their comfort. Help us to experience wonder at your work in our world today.

Amen

Discussion

A question for adults to ask children

How did the people in the story respond to Jesus' teaching and healing?

The people were amazed and impressed at how much Jesus could tell them about God. But when Jesus demonstrated the power of God to control even unclean spirits, they recognized that he spoke and acted with authority.

Some questions for children to ask adults

Can you name any modern examples when you have seen the power and authority of God at work?

IN what way does the Church demonstrate the power of the words we teach about Jesus? How can our words and actions demonstrate our faith in God?

Family Activity 1

Jesus healed the man simply by speaking to him. Try this hands free challenge. You will need an object to transfer such as a balloon, stuffed animal, or ball. Can you get the object from one side of the room to the other without using your hands and without letting it touch the floor?

You could try holding the item with your elbow, between your knees, under your chin or even balancing it on your head.... See how well you can work together as a team to complete the hands-free challenge!





A verse to remember

James 5 v 15 And the prayer offered in faith will make the sick person well; the Lord will raise them up.

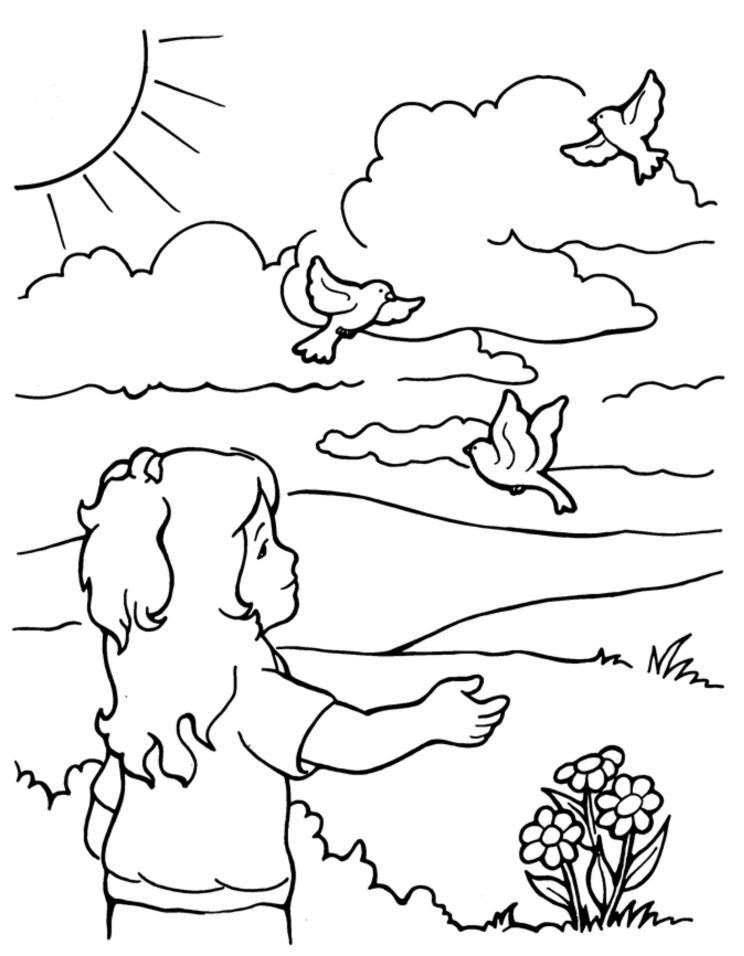
To learn this simple verse together, you could come up with some actions to help you remember it or decorate the verse on a piece of paper together and put it up somewhere to remind you of it through the week.

If you have some friends or family members that you know who are sick why not put the verse up alongside a list of names, photos or a selection of Lego or toy figures chosen to represent them. Use this as a prayer station and as a reminder to keep asking God to help them.

We can trust that God has the power to care for them, just like with the man in the story.

Color in only a the spaces 0 that have crosses to solve the puzzle. What did the unclean spirit in the man do when Jesus commanded?

Coloring Page



Jesus is more powerful than anything!

Word Search

R E K B Ι T R 0 I U 0 Y Т R I P E J C R 0 D M R N I W F W E E C E I G G D E F L X N M E P S E F U A A Z D 0 Ι T S X S P R A B В A Т Н U Y R N N E Z K R H S S A Y Y S Q Q Y Н Z X S Е Ι I F E H K S I G A L G S A 0 G U Е E P N G F P 7 S R R P 0 K N F W K Υ R Н E I I Н B Q 0 L 0 0 Т D G E H K A I S A Н A W G O E I D G Y D Н V N Е R Ρ н Y N S E A R W K P X Q В D D T

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The people were amazed because Jesus taught them as one who had _____.

Mark 1:22 (NIV)

