

May 24<sup>th</sup> Seventh Sunday of Easter

Here are some activities you could do together as a family. Begin with the story and then do as many or as few as you like, in any order.

#### Discussion

<u>A question for adults to ask children</u> How do you think the disciples felt when they saw Jesus returning to heaven?

Jesus' friends were still struggling to understand the big picture, they thought that Jesus had come to free the Israelites from Roman rule, they were probably confused and scared when Jesus left them again. Jesus had told them to wait for a helper, but they didn't really understand what was happening.

We know that Jesus had a much bigger plan. Jesus' plan was for everybody, all those who were in the earth at the same time as him and all those who were going to live on the earth in the future. Jesus had come and died on the cross to take the punishment for all the sins of the world, so that everybody could receive eternal life and know God as a father and friend just like Jesus did. The Holy Spirit was coming to be a helper for Jesus' followers forever.

<u>A question for children to ask adults</u> Can you think of a time when you had to wait patiently for someone or something?

## Family Activity 1

You will need: A timer / clock

Jesus told his friends that they needed to be patient and trust in God's timing while they waited for the helper God had promised.



Find out who is best at waiting by playing 'The Minute Game'. One person has a clock or phone timer, this person tells everybody when to begin. Everybody else must stand up, and then sit down when they think a minute has passed (they are not allowed to cheat by looking at a watch or clock). Once everyone has sat down, the person watching the timer should say who was closest.

Bible Passage

Today we will be exploring together the story of Jesus' ascension to heaven.

You can find it in your Bible in:

#### Acts 1:1-11

Read the story together – choose a Bible translation

or children's story version which best suits your family.

#### A prayer to say together

Dear God,

Thank you that you love us so much that you sent your son Jesus to earth, to die on the cross and take the punishment for our sins.

Thank you for your promise of eternal life, that we can know true relationship with you and be your children and friends.

Help us on the mission that you have given us, to share your love and your good news with others. We pray for all those who do not yet know you, that they would hear and respond to the good news about Jesus.

Amen



#### A verse to remember

#### Psalm 118:24 "This is the day that the Lord has made; Let us rejoice and be glad in it."

They say that a healthy breakfast is a good way to start the day. A good breakfast gives you energy so you're ready for the day's adventures. Another excellent way to start each day is to think about this Bible verse. Each morning, when we wake up, we have a choice about how we want to greet the day. We can be grumpy or we can think about all that God has made, all the beautiful things in our world, and feel joy. You get to decide. How will you greet the day?

To learn this verse together, come up with some actions to help you remember it . You could also write it on a piece or paper or notecard and put it up somewhere to remind you of it through the week?.

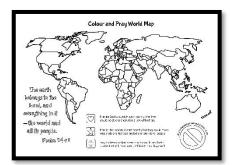
### Active Prayer

You will need: Paper, pens, a timer

Jesus promised a helper who would help his followers carry the gospel message to all the countries of the world.

Take some time to pray for as many countries of the world as you can. Set the timer for a few minutes, everybody should write down as many countries as they can think of.

Then set the timer again. This time your challenge is to pray for all of the countries you have written down. Put a tick by them as you pray...don't leave any country out!



If you would have a printer you might like to print a copy of the Together at Home 'Colour and Pray world map' sheet which is available at www.hvbc.org.

# Family Activity 2

As his disciples watched, Jesus was lifted up into the sky and hidden behind a cloud. Why not spend some time cloudgazing as a family? Find a safe place to lie down either outside your home or socially distanced in a local green space.

Watch the clouds as they pass by--can you see any shapes or pictures in the clouds?



### Helping Older Children

Just like the disciples, our children may be struggling to be patient as they wait for restrictions to be lifted-particularly in these times when there is so much uncertainty.

Jesus' words to his own disciples might apply here: ""The Father is the only One who has the authority to decide dates and times. These things are not for you to know." (Acts 1:7)

But just like the disciples, Jesus has sent a helper for us. We are not in this situation alone. We too can call on the Holy Spirit as our helper to help us as we continue to trust in God and His timing.

# Coloring Page



### Jesus Ascends (Acts 1:1-11)

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